

Intercultural Communicative Competence Training Programme_Module 1

Exercises to Improve Intercultural Communication Skills

EXERCISE 11 – Reflection/debriefing activity: Pass the Ball



Material Needed: Any soft object that can be tossed from one participant to another

Group Size: 5–15

Description: In this activity, the group sits in a circle and you facilitate a discussion about what learners learned by participating in the training. A soft object is tossed around the circle. Whoever has the object is the one that can talk.

The “cooler” and “neater” of an object you can use, the better – funky, squishy animals and objects work particularly well.

First explain how the activity works

- Ask them to stand in a circle. “I’m going to ask a question. If you’d like to answer raise your hand and I’ll pass you the ball (or whatever object you have). Then once you are done you can pass the ball to someone else that would like to answer the same question.”
- When you are ready to ask a different question, ask that the object be tossed back to you. After learners answer each question, you can take time to summarize what they said or expand on the thoughts they shared.

Here are some example questions that can be used for most activities:

1. What did you like best about this training?
2. What did you like least about this training?
3. What did you learn by participating in this training?
4. What are two or three words you can use to describe how you feel about this training?
5. Why was it important to complete this training?
6. Would you like to participate in this training again? Why or why not?
7. If we did this training again, what could we do to make it better?